

Fig. 1

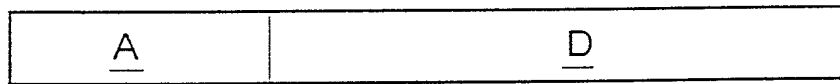


Fig. 2

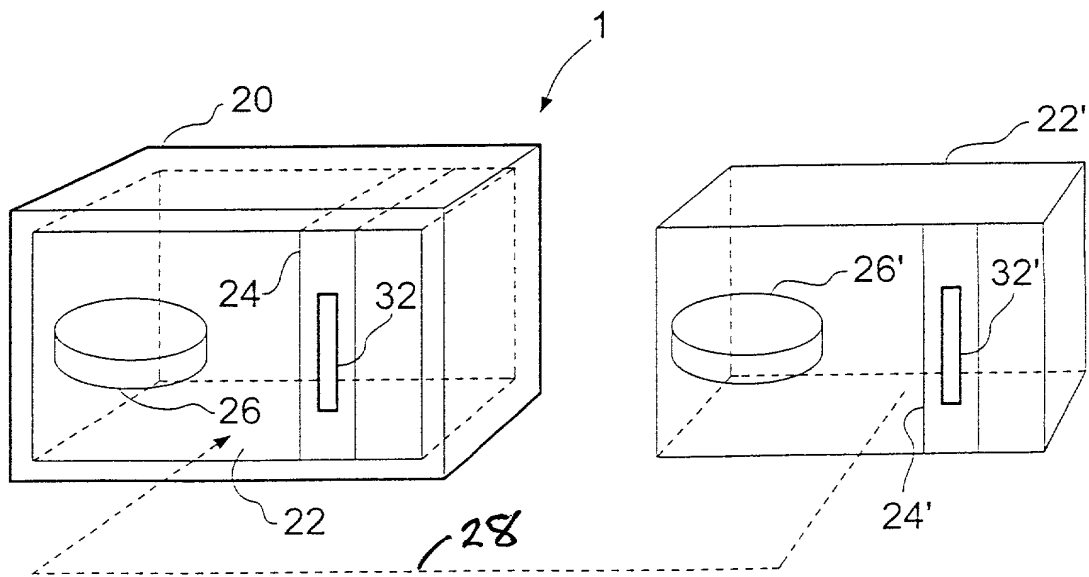


Fig. 3

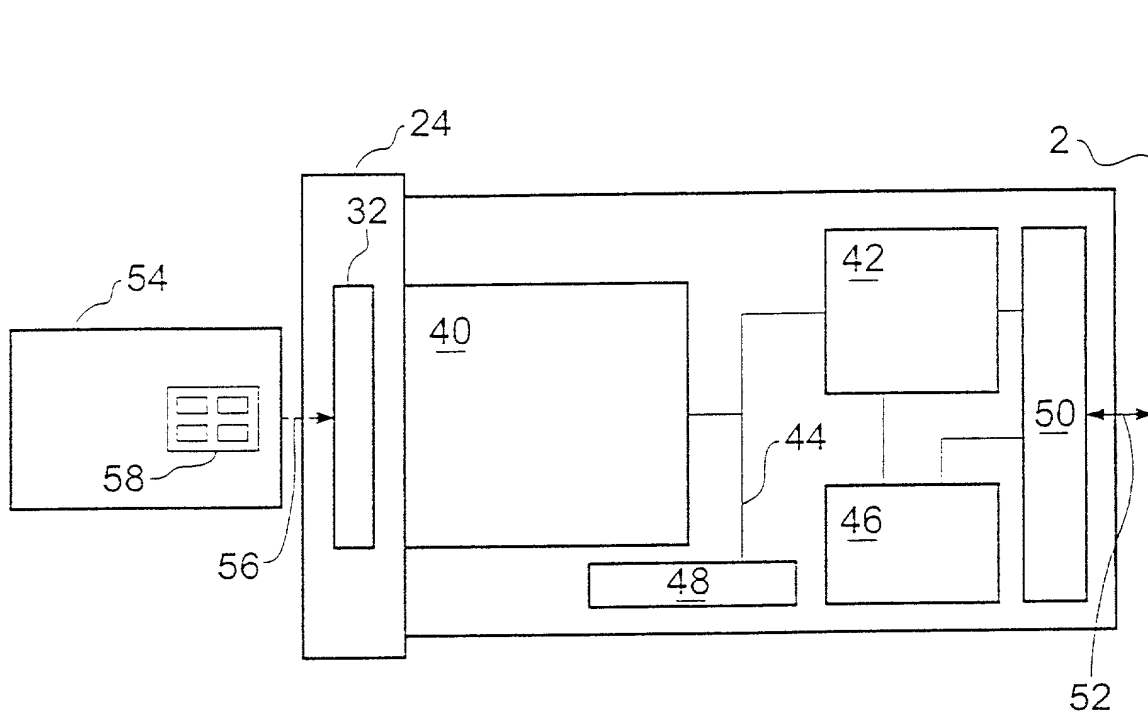


Fig. 4

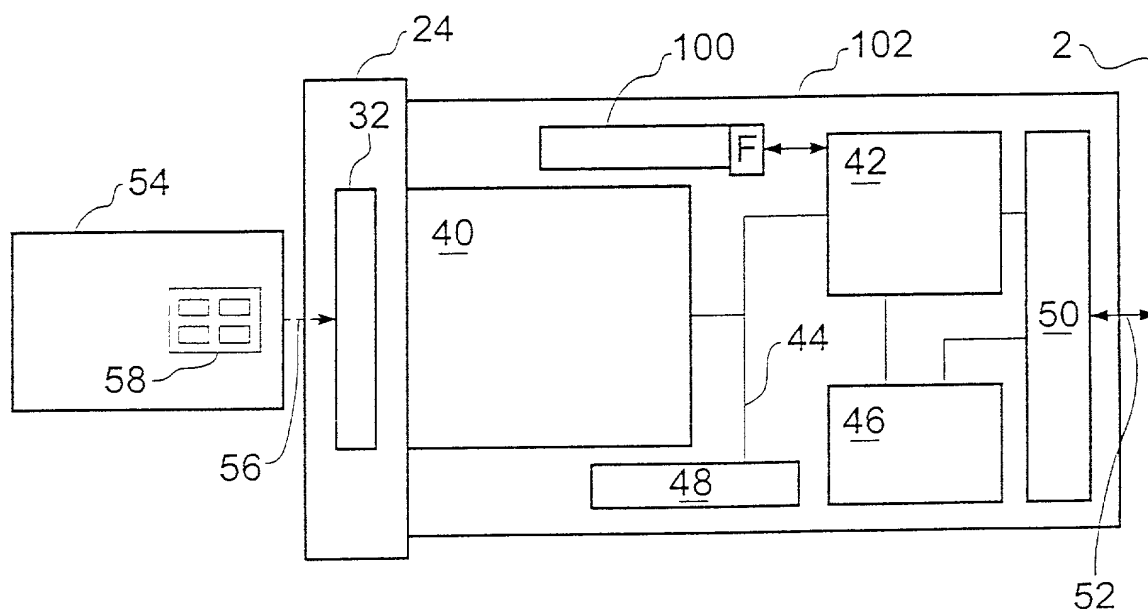


Fig. 6

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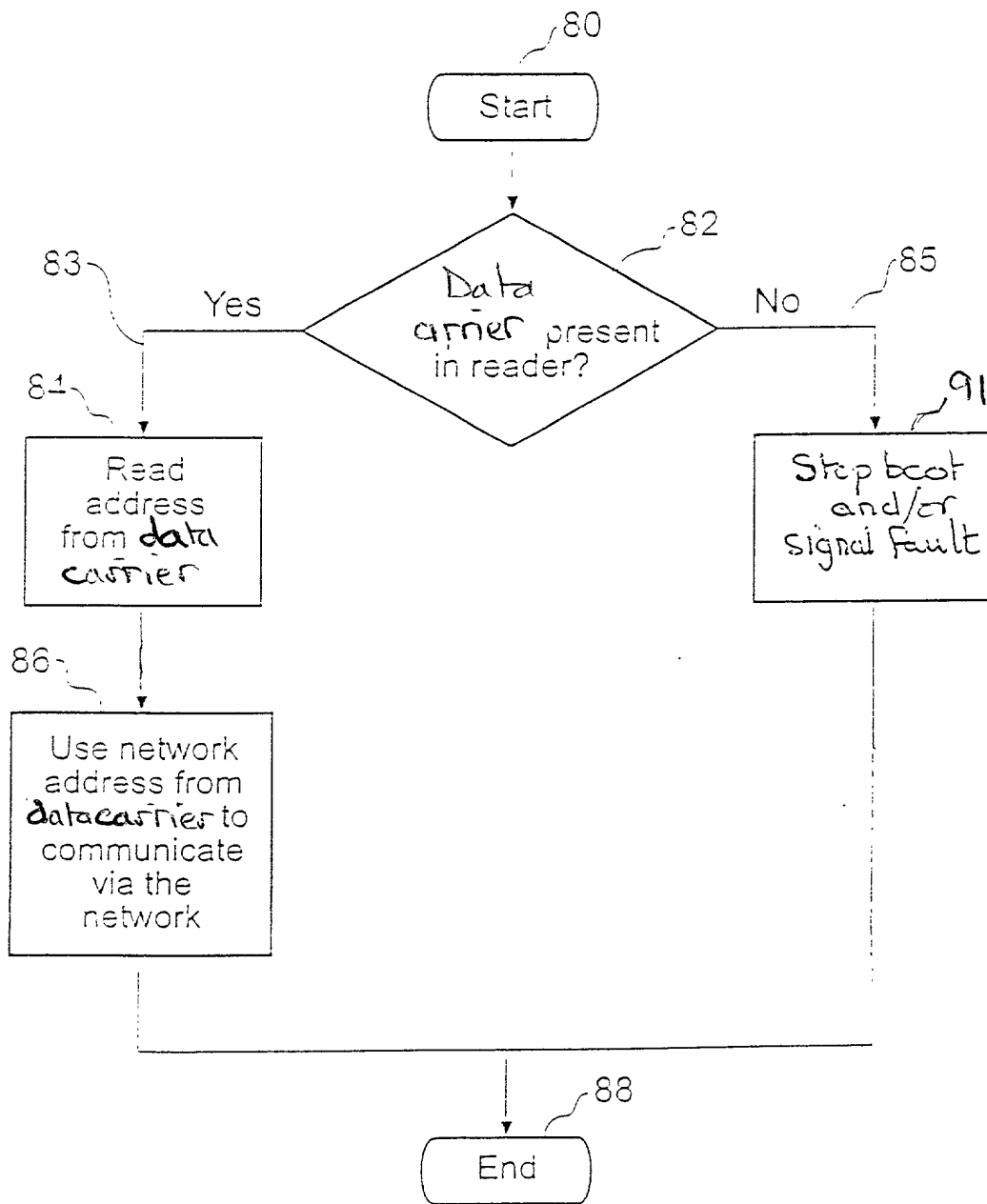


Fig. 5A

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100E80-187E4660

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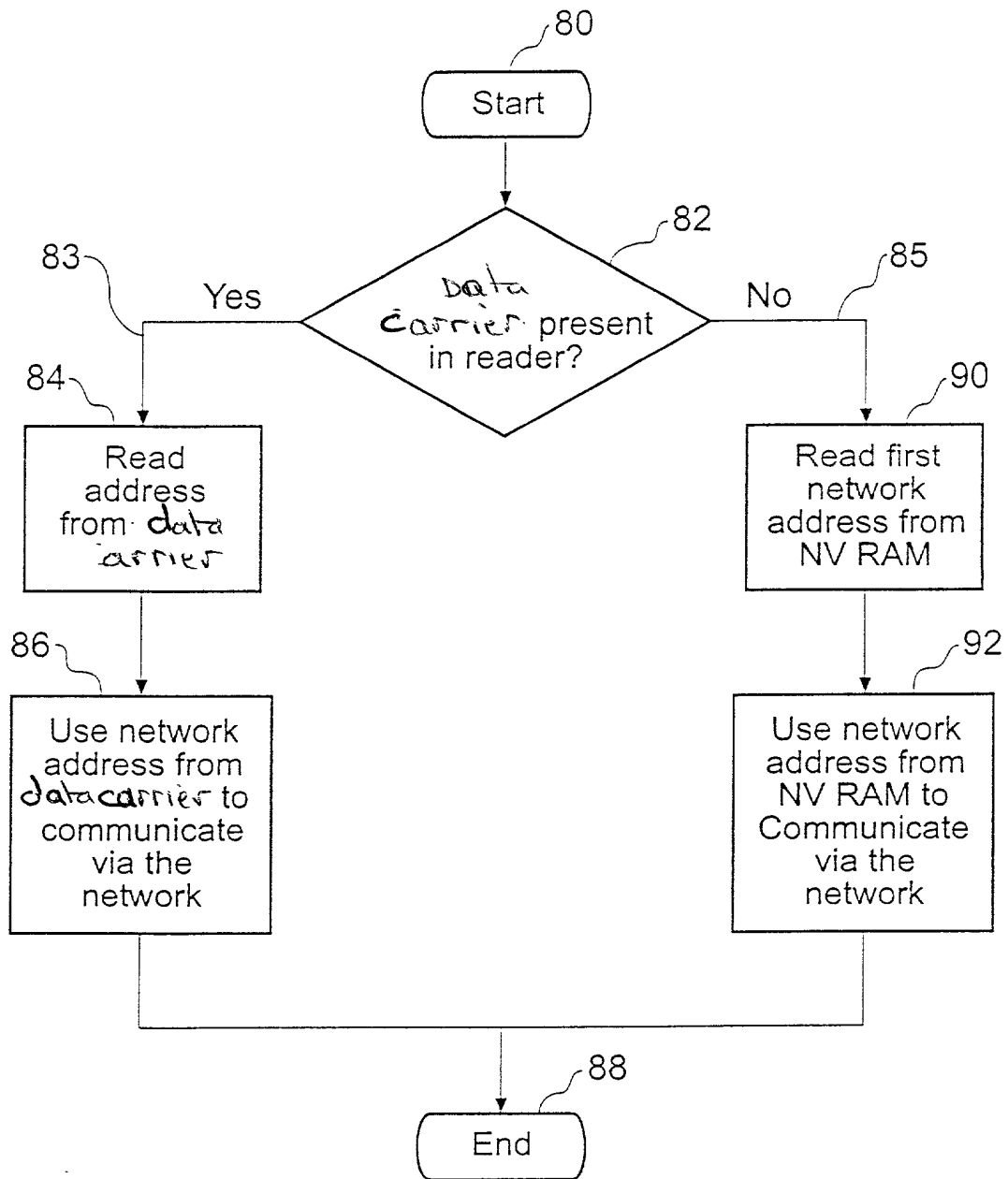


Fig. 5B

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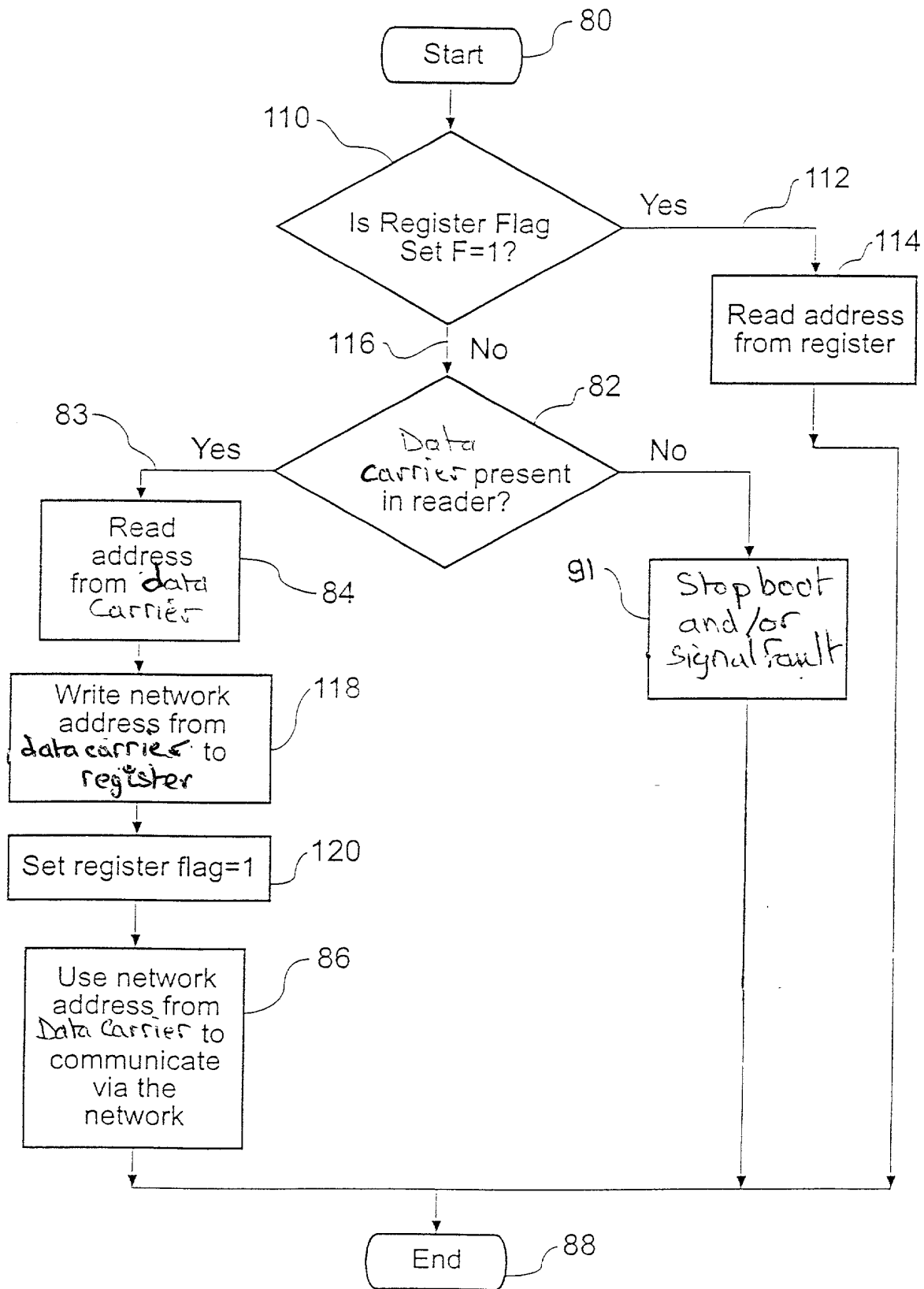


Fig. 7A

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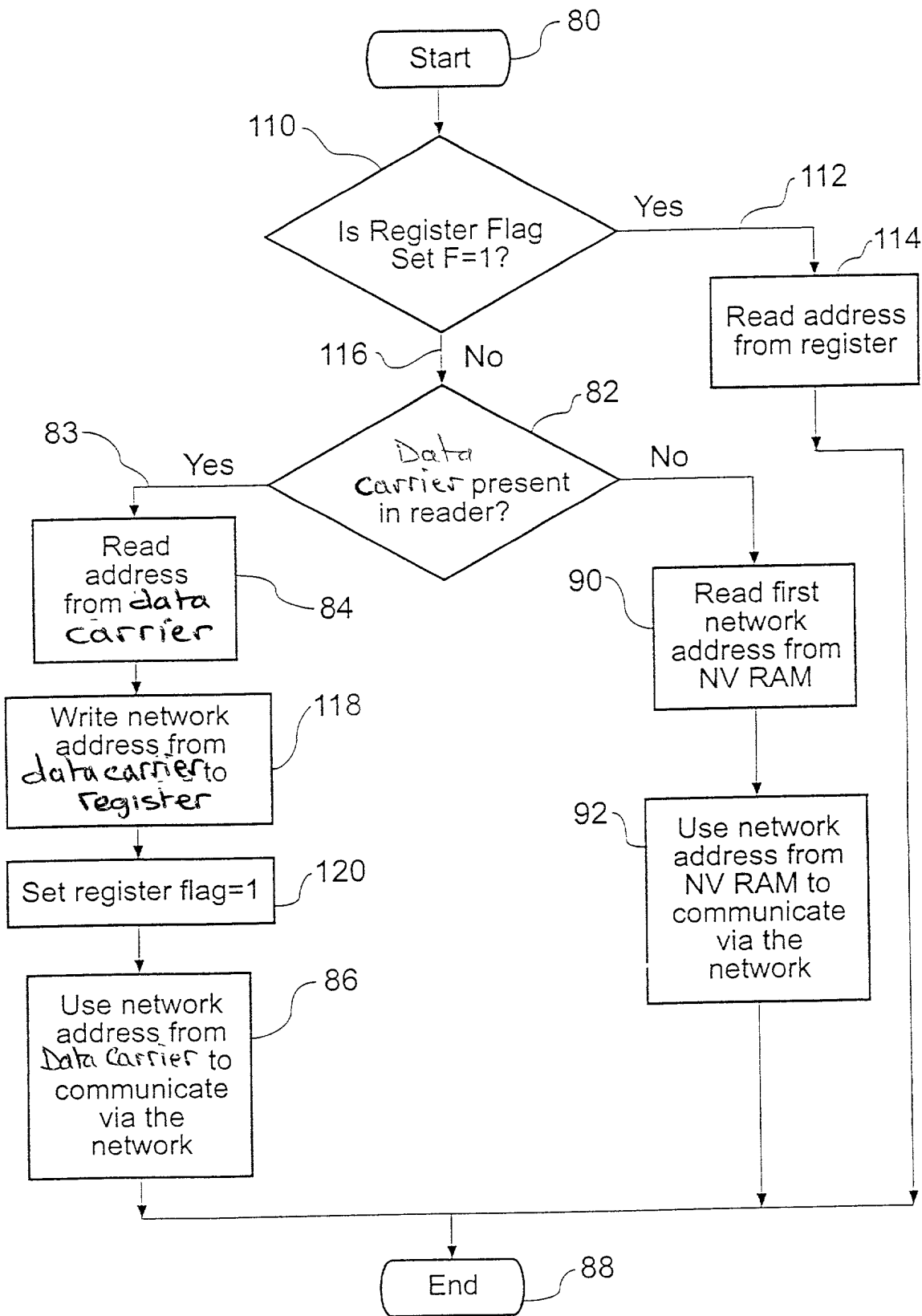


Fig. 7B

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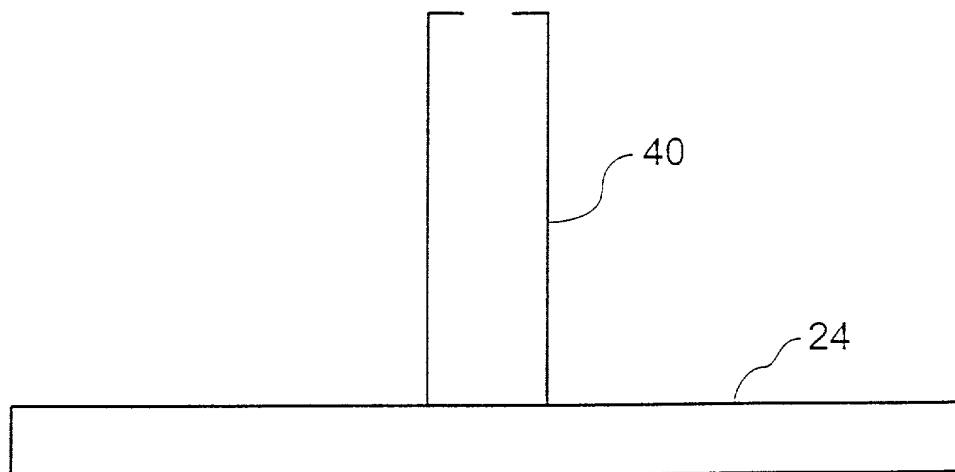


Fig. 9

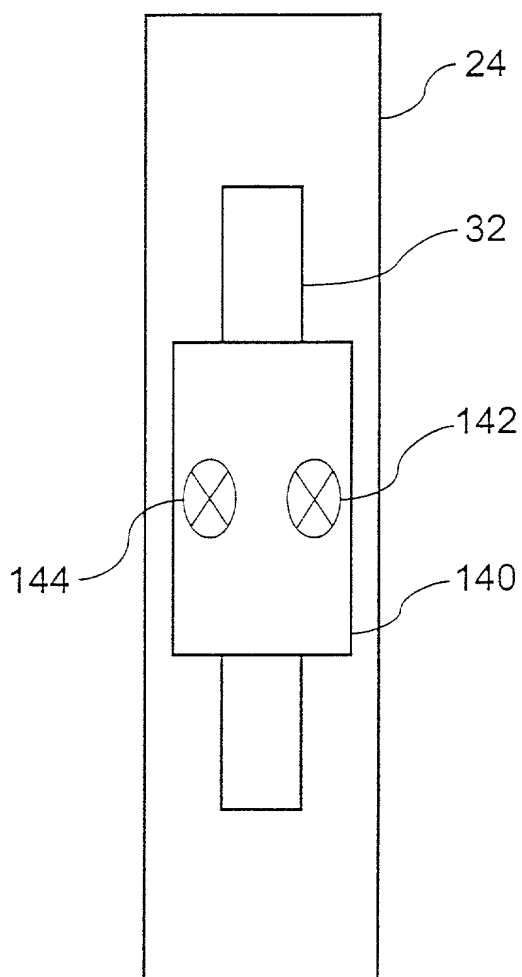


Fig. 8

Variable	Mean	SD	Min	Max
Age	34.5	10.2	21	55
Gender	0.5	0.5	0	1
Marital status	0.6	0.5	0	1
Education	12.5	1.5	9	16
Income	1500	500	500	3000
Health status	0.7	0.5	0	1
Exercise frequency	2.5	1.5	0	5
Stress level	3.5	1.5	1	5
Sleep quality	2.0	1.0	1	4
Diet quality	3.0	1.0	1	4
Work-life balance	2.5	1.0	1	4
Family support	3.5	1.0	1	4
Community involvement	2.0	1.0	0	4
Life satisfaction	3.5	1.0	1	4
Overall well-being	3.0	1.0	1	4

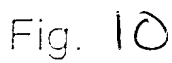


Fig. 10

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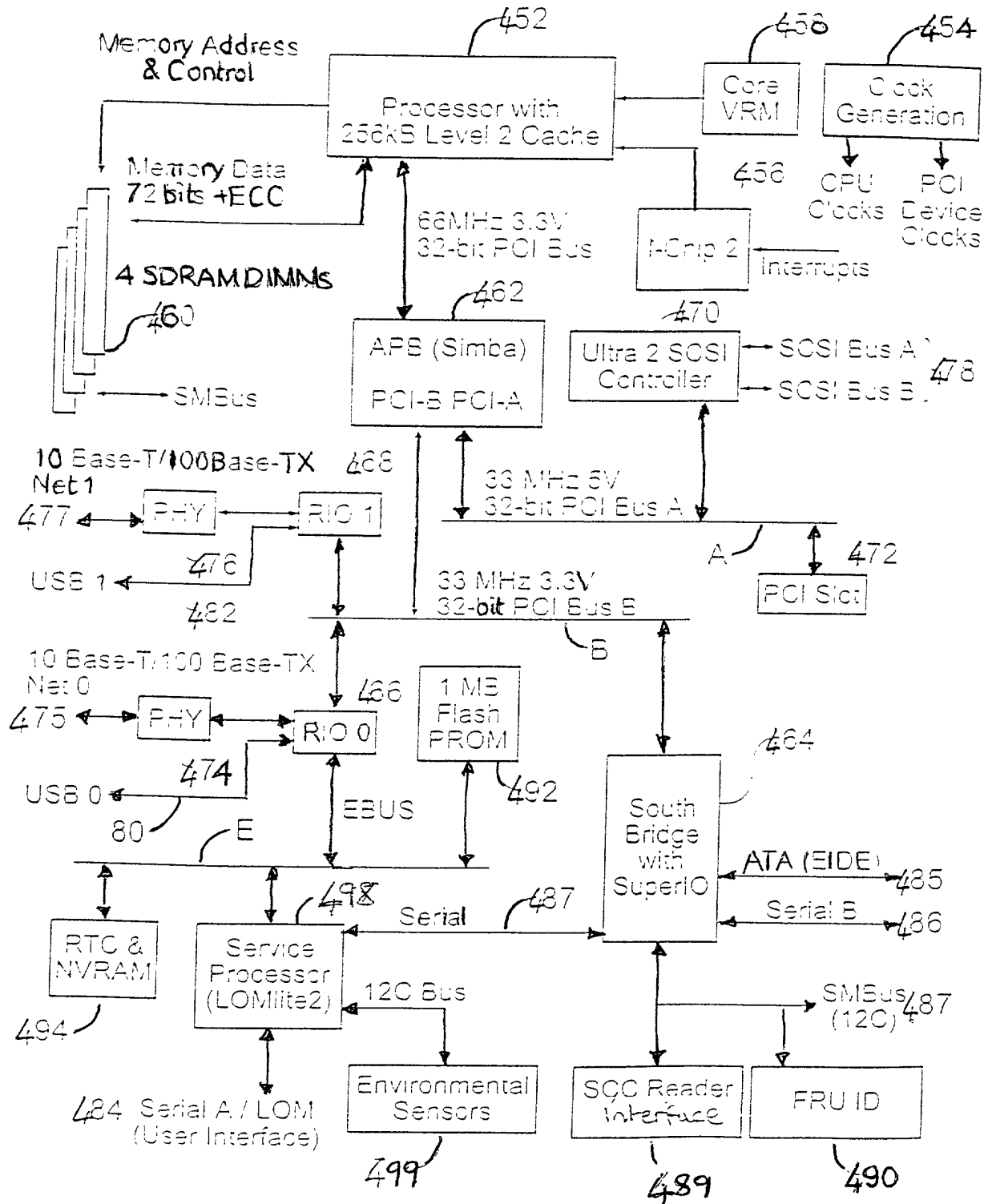


Fig 11

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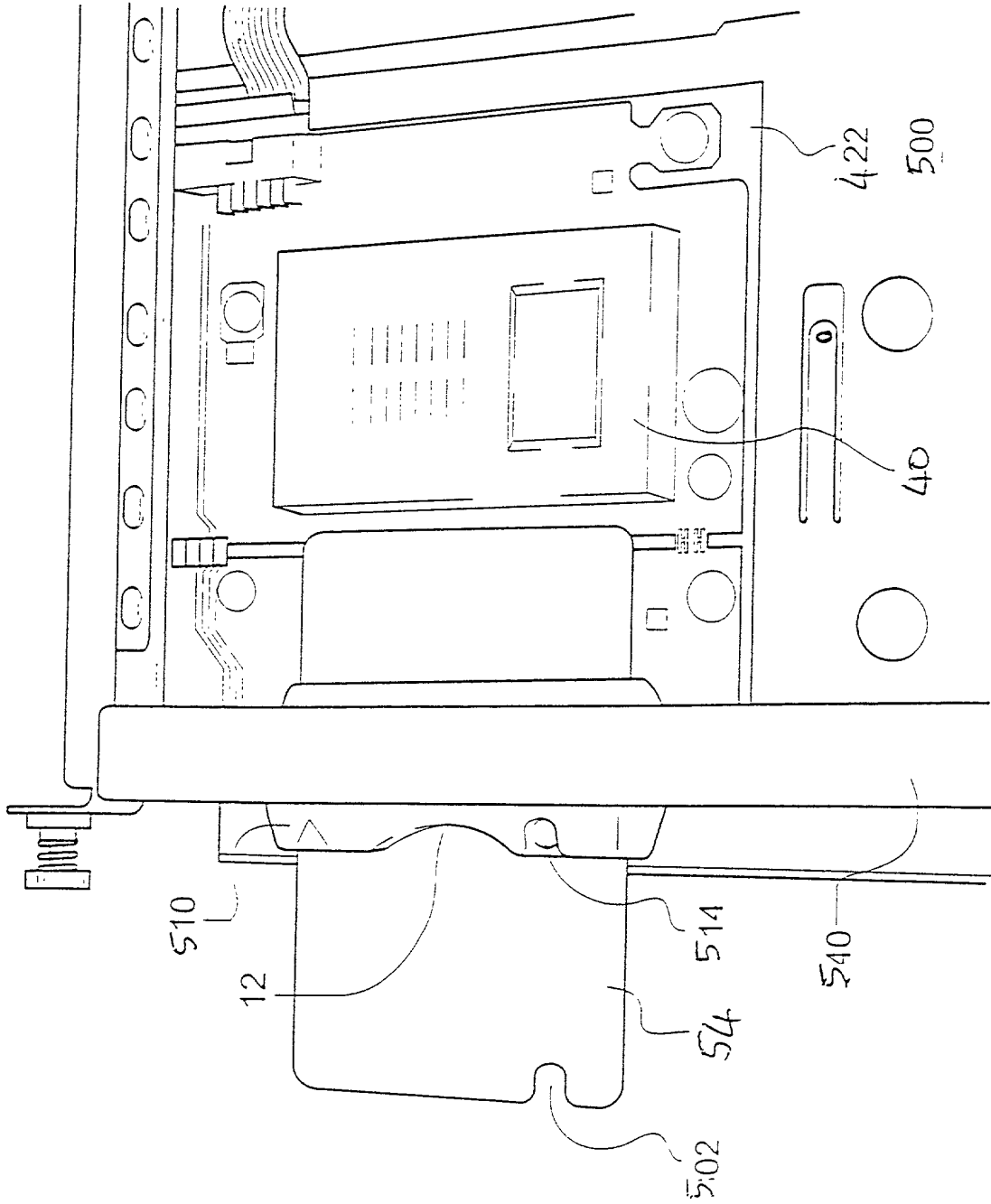


Fig. 12

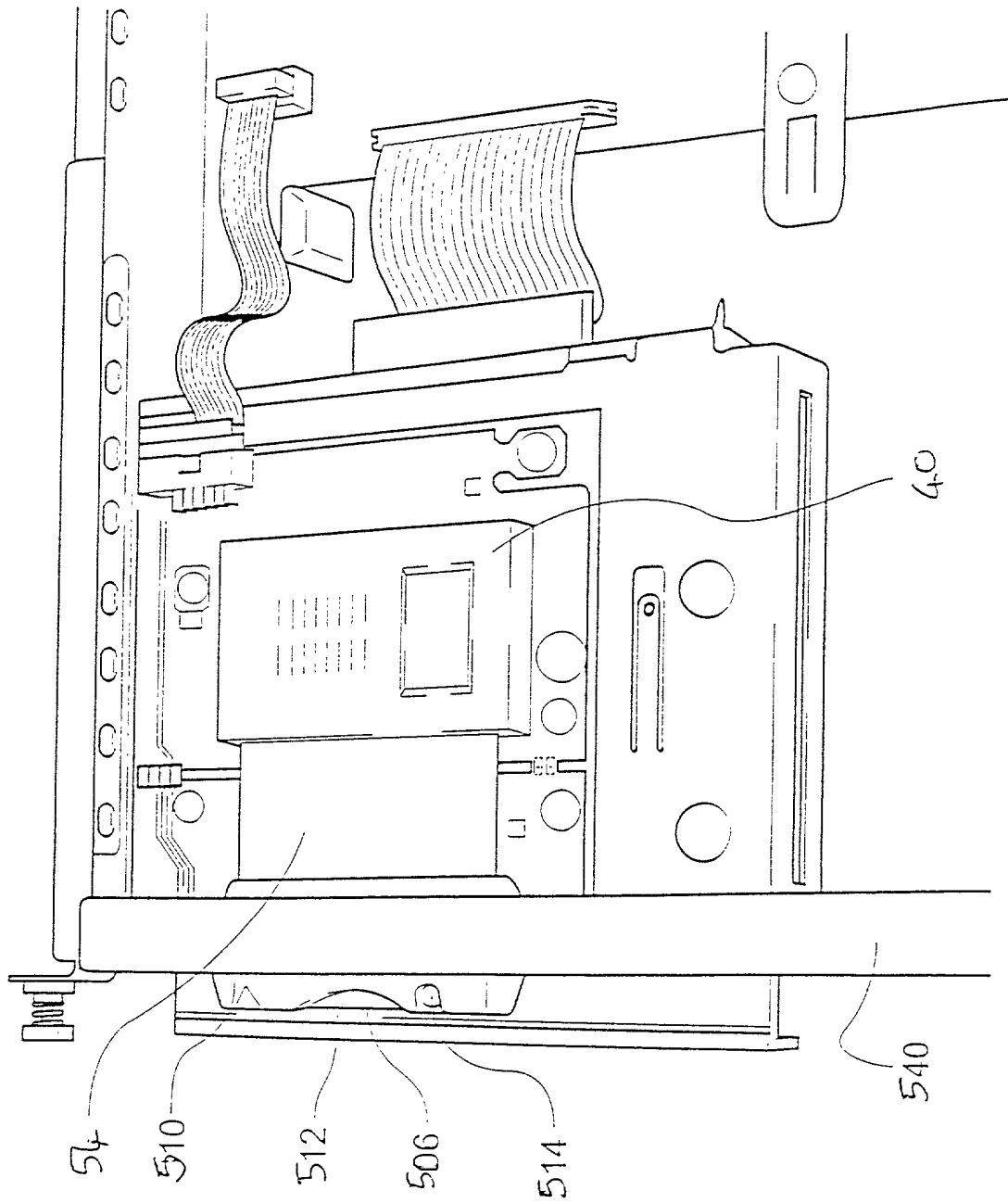


Fig. 11